

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002**

FIRST BNYS PART- II YEAR DEGREE EXAMINATIONS - MAY 2026

PHILOSOPHY OF NATURE CURE

PAPER– II

Time: 3 Hours

Max Marks: 80

Note: Answer all questions

Give diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. List out natural remedies and explain two procedures in detail.
2. Define diet therapy, mention types, explain each in detail.

Write a short note on the following:

10 X 5 = 50

3. Rejuvenation procedures in naturopathy.
4. Mud therapy.
5. Spinal diagnosis.
6. Naturopathy and yoga.
7. Osteopathy.
8. Old age and naturopathy.
9. Physiological effects of massage.
10. Fasting.
11. Hydrotherapy.
12. Trikonasana and its benefits.

Write briefly on the following:

5 X 2 = 10

13. Therapeutic effects of enema.
14. Soothing diet.
15. Selection of mud for mud therapy.
16. Name shat kriyas.
17. Properties of south pole.
