

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES

WARANGAL, TELANGANA STATE – 506 002

THIRD BNYS PART- I YEAR DEGREE SUPPLEMENTARY EXAMINATIONS:

NOVEMBER, 2024

FASTING THERAPY

Time: 3 Hours

Max Marks: 80

Note: Answer all questions.

Give diagrammatic representation wherever necessary.

PART – A (40 Marks)

Write an essay on the following:

1 X 10 = 10

1. Explain the source and metabolism of Carbohydrates, fats and proteins during fasting and starvation.

Write a short note on the following:

5 X 5 = 25

2. Science and fasting.
3. Methods and types of therapeutic fasting.
4. Physiological effects of fasting.
5. General classification of fasting.
6. Pros and Cons of fasting.

Write briefly on the following

5 X 1 = 5

7. Exercise in fasting.
8. Clothing in fasting.
9. How enema supports fasting.
10. Fasting in Chronic constipation.
11. Diet after fasting.

PART – B (40 Marks)

Write an essay on the following:

1 X 10 = 10

12. Define obesity and explain effects of fasting in obesity.

Write a short note on the following:

5 X 5 = 25

13. Define hunger and appetite, note down difference between hunger and fasting.
14. Role of prayer in fasting.
15. Fasting in fever.
16. Fasting in skin diseases.
17. Study of tongue, breath, temperature, pulse etc. in fasting.

Write briefly on the following

5 X 1 = 5

18. When to breakfast?
19. Juice fasting.
20. Role of honey in fasting.
21. Water drinking in fasting.
22. Contra indications of fasting.
