

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES

WARANGAL, TELANGANA STATE – 506 002

THIRD BNYS PART-I DEGREE EXAMINATIONS: APRIL, 2025

FASTING THERAPY

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

PART-A (40 MARKS)

Write an essay on the following:

1 X 10 = 10

1. Explain theory of fasting in animals.

Write a short note on the following:

5 X 5 = 25

2. Pros & cons of fasting.
3. Difference between hunger and appetite.
4. Hygienic auxiliaries of fasting.
5. How fasting helps in weight loss.
6. Fasting in chronic diseases.

Write briefly on the following:

5 X 1 = 5

7. What is crisis and its types?
8. Indications of fasting.
9. Diet after fast.
10. Father of fasting and his contribution.
11. Nature of disease.

PART-B (40 MARKS)

Write an essay on the following:

1 X 10 = 10

12. Explain Philosophy of fasting.

Write a short note on the following:

5 X 5 = 25

13. Fasting in O.A.Knees.
14. How fasting helps to gain weight.
15. Role of fasting in various diseases.
16. Fasting in ancient India.
17. History of fasting in foreign countries.

Write briefly on the following:

5 X 1 = 5

18. Fasting in hypertension.
19. Political fasting with example.
20. Intermittent fasting.
21. Mental Influence in fasting.
22. Importance of Mud bath in fasting.
