

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002**

B.N.Y.S THIRD YEAR PART-II DEGREE EXAMINATIONS: SEPTEMBER 2025

**NUTRITION AND DIETETICS AND HERBOLOGY
PAPER I**

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. Explain about the role of Nutrition in Public Health.
2. Explain about the Nutrition Value of Indian Foods.

Write short notes on the following:

10 X 5 = 50

3. Therapeutic uses of Enzymes.
4. Adverse effects of Alcohol.
5. Balanced Diet.
6. Role of Nutrition in Sports.
7. Germination.
8. Antioxidants.
9. Composition of Honey and its Therapeutic Uses.
10. Importance of Bio-Flavonoids.
11. Role of Folate in Pregnancy.
12. Nutrition and Immunity.

Write briefly on the following:

5 X 2 = 10

13. Define Nutrition.
14. Sources of Vitamin D.
15. Benefits of Flax Seeds.
16. Indications of Pomegranate Juice.
17. Importance of Herbal Tea.

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