

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES

WARANGAL, TELANGANA STATE – 506 007

THIRD YEAR BNYS PART- II SUPPLEMENTARY EXAMINATIONS: APRIL, 2025

NUTRITION AND DIETETICS AND HERBOLOGY

PAPER– I

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. Explain Food Groups in detail.
2. Explain about the History of Nutrition.

Write a short note on the following:

10 X 5 = 50

3. Nutritional Classification of Proteins.
4. Water Soluble Vitamins, RDA and Deficiencies.
5. Nutritional importance of Cereals.
6. Antioxidants.
7. Advantages of Cooking.
8. Minerals.
9. Adverse effects of Alcohol.
10. Principles of Diet According to yoga.
11. Balanced Diet.
12. Therapeutic Uses of Turmeric.

Write briefly on the following:

5 X 2 = 10

13. Composition of Coconut Milk.
14. Sources of Calcium.
15. Benefits of Jaggery.
16. Advantages of Sprouts.
17. Therapeutic Uses of Cummin Seeds.

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