

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002**

B.N.Y.S THIRD YEAR PART–II DEGREE EXAMINATIONS: SEPTEMBER 2025

NUTRITION AND DIETETICS AND HERBOLOGY

PAPER II

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 x 10=20

1. Explain Dietary management of renal diseases.
2. Explain about Seasonal changes in the dietary pattern in Ayurveda, Naturopathy and modern nutrition.

Write short notes on the following:

10 x 5=50

3. Dietetic principle in Naturopathy.
4. Dietary fibre and its therapeutic effects.
5. Pongamia Pinnata.
6. Drugs interactions with foods.
7. Naturopathic approach towards vegetarian and non-vegetarian foods.
8. Ginger officinale.
9. Nutritional requirements of children and adolescents.
10. Dietary management in Anemia.
11. Recommended diet for Endocrinal disorders.
12. Food poisoning.

Write briefly on the following:

5 x 2=10

13. Role of folic acid in pregnancy.
14. Benefits of Emblica Offcinalis.
15. Food to be avoided in Flatulence.
16. Medicinal values of Garlic.
17. Food Allergy – Explain.
