

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002
THIRD YEAR BNYS PART- II SUPPLEMENTARY EXAMINATIONS: APRIL, 2025

NUTRITION AND DIETETICS AND HERBOLOGY

PAPER II

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. Explain about Naturopathic approach towards Vegetarian and Non- Vegetarian Food.
2. Explain Dietary Management of Hypertension.

Write a short note on the following:

10 X 5 = 50

3. Acorus Calamus.
4. Dietary management of infectious Diseases.
5. Chemical Composition and Therapeutic uses of Garlic.
6. Food to improve Immunity.
7. Role of Dietary Fibre in Constipation.
8. Piper Betle.
9. Diet in Renal Diseases.
10. Nutrition and Food requirements of Adults.
11. Recommended Diet in Gout.
12. Datura Metel.

Write briefly on the following:

5 X 2 = 10

13. Low Glycemic Foods.
14. Food to be avoided in Irritable Bowel Syndrome.
15. Fenugreek Seeds – Benefits.
16. Benefits of Lemon.
17. Benefits of Breast Feeding.

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