

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002**

B.N.Y.S THIRD PART–II DEGREE EXAMINATIONS: SEPTEMBER 2025

**HYDROTHERAPY
Paper II**

Time: 3 Hours.

Max Marks: 80

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. Classify Hydriatic Effects. Explain on Sedative Effects.
2. Explain about Hydrotherapy for Obesity.

Write short notes on the following:

10 X 5 = 50

3. Full Wet Sheet Pack.
4. Steam Bath.
5. Foot Bath.
6. Abdominal Heating Compress.
7. Types of Enema and its physiological effects.
8. River Bath.
9. Benefits of Cold Bath for Infants and Adults.
10. Hydrotherapy for Psoriasis.
11. Chest Pack.
12. Precautions for Storing Mud.

Write briefly on the following:

5 X 2 = 10

13. Indications of Hot Spinal Bath.
14. Benefits of Hot Water Bag.
15. Effects of Pancreatic Pack.
16. Hot Mud Pack – Uses.
17. Epsom Salt Uses.

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