

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
TELANGANA STATE, WARANGAL – 506 002
MD/MS (AYURVEDA) SECOND SUMMATIVE ASSESSMENT EXAMINATIONS:
NOVEMBER 2025

APPLIED BASICS OF PANCHAKARMA

Time: 3 Hours.

Max Marks: 100

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Application based question:

1 X 20 = 20

1. Indications and contraindications of Shad-upakrama in patients with clinical scenario of Amavata, Medoroga & Manyasthamba.

Short answer questions:

8 X 5 = 40

2. Explain the physiology of Cell signalling and its influence on Nasya therapy.
3. Write about developmental biology concepts applied in Garbini Paricharya during Panchakarma.
4. Enumerate Ashtavidha Pareeksha and its role in disease diagnosis.
5. Differentiate between NCV and EMG tests and interpret their relevance.
6. Relevant Investigations and examination in patients undergoing Vamana & Vasti therapy.
7. Outline the method of preparation and indication of Takradhara.
8. Describe dietary modifications during Shamana therapy.
9. What are the types of instruments used in Nasya therapy?

Long answer questions:

4 X 10 = 40

10. Describe the applied anatomy and physiology of Musculoskeletal and Integumentary systems in the context of Abhyanga and Patrapinda Sweda.
11. Discuss in detail the evaluation and interpretation of MRI and Spirometry in Panchakarma practice.
12. Explain the decision-making process of Panchakarma in a diabetic patient on oral Hypoglycaemics and Insulin.
13. Applications of Dasha-vidha & Trividha pariksha in Panchakarma.