

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
TELANGANA STATE, WARANGAL – 506 002

MPH FIRST YEAR DEGREE EXAMINATIONS: MARCH,2026

SOCIAL AND BEHAVIORAL SCIENCES

Time: 3 Hours

Max Marks: 70

Note: Answer all questions

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

2 X 10 = 20

1. Discuss the role of social determinants of health in shaping opportunities for health promotion and health outcomes.
2. Describe the Health Belief Model (HBM) and its application in designing public health interventions to promote healthy behaviours. Use an example to illustrate.

Write short note on the following:

6 X 5 = 30

3. How do peers influence health behaviours? Give an example each of a positive influence and a negative influence.
4. Explain the relationship between Culture and Health. Provide one example each of cultural practices that influence health positively and negatively.
5. Discuss the importance of community participation in health promotion programmes.
6. What are norms? Give two examples of norms that negatively impact individual health.
7. What influences health decision-making.
8. Describe with examples two factors contributing to improved health in a tribal community.

Write briefly on the following:

10 X 2 = 20

9. What is stigma? How does it impact health?
10. What is risk perception? How does it impact behaviour?
11. What is health literacy?
12. What is social support? What role does it play in health?
13. Give two examples of health disparities.
14. What is self-efficacy? How does it influence behaviour?
15. What is health-seeking behaviour?
16. How do mass media and social media impact health?
17. What is secondary prevention?
18. How do families impact adolescent health behaviours?