

PAPER CODE: MPT40144
KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002
MPT FINAL YEAR DEGREE SUPPLEMENTARY EXAMINATIONS: JULY, 2025
PAPER- VIII

(PHYSIOTHERAPEUTIC INTERVENTIONS RELATED TO SPORTS CONDITIONS)

Time: 3 Hours.

Max Marks: 100

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

3 X 20 = 60

1. Explain Strength Training in Athletes.
2. Post-Operative ACL Rehabilitation Protocol.
3. Describe evaluation and treatment of an Athlete with Head Injury.

Write a short note on the following:

5 X 8 = 40

4. Polymetric Training.
5. Prevention and Treatment of Over Training.
6. Thrower's "Ten Exercise Programme".
7. Rehabilitation of Rotator Cuff Muscles in Swimmers.
8. Nutritional requirements in long distance during Training.

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