

PAPER CODE: MPT40144

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES

WARANGAL, TELANGANA STATE – 506 002

M.P.T FINAL YEAR DEGREE SUPPLEMENTARY EXAMINATIONS - MAY, 2026

PHYSIOTHERAPEUTIC INTERVENTIONS RELATED TO SPORTS CONDITIONS

PAPER- VIII

Time: 3 Hours.

Max Marks: 100

Note: Answer all questions.

Give Diagrammatic representation wherever necessary.

Write an essay on the following:

3 X 20 = 60

1. Discuss Sports Specific Rehab Program for Ankle injury.
2. Essay on Carbohydrate loading Diet and importance.
3. Common Running induced injuries to Lower Back and their Physiotherapy Management.

Write short note on the following:

5 X 8 = 40

4. Planter Fasciitis.
5. Hamstrings Strain.
6. Tennis Elbow.
7. Hydrotherapy.
8. PNF in Sports Injuries.

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