

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
WARANGAL, TELANGANA STATE – 506 002
M.SC (NURSING) FIRST YEAR DEGREE EXAMINATIONS: MARCH, 2026
CLINICAL SPECIALITY–I
MENTAL HEALTH (PSYCHIATRIC) NURSING**

Time: 3 Hours.

Max Marks: 75

Note: All Questions carry equal Marks.

Give Diagrammatic representation wherever necessary.

Answer any FIVE of the following:

5 X 15 = 75

1. Discuss mental health illness continuum and explain the ways of improving mental health. (7+8)
2. Discuss the Jean Piaget theory of cognitive development and its relevance to nursing. (8+7)
3. Describe the barriers of therapeutic communication and role of nurse to overcome barriers in each phase of therapeutic communication. (8+7)
4. Differentiate between Assertive behaviour and Aggressive behaviour. Explain the techniques that promote assertive behaviour. (9+6)
5. Explain the characteristics of persons with low self -esteem and role of nurse in promoting self -esteem. (7+8)
6. Write short note on any **THREE** of the following. **3 X 5 = 15**
 - a) Discuss the psychological changes during conception, pregnancy and puerperium.
 - b) Mood stabilizers.
 - c) Stress management.
 - d) Side effects and risk factors related to Electro convulsive therapy.
