

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
TELANGANA, WARANGAL – 506 002**

B.Sc. (NURSING), VI SEMESTER DEGREE EXAMINATIONS: DECEMBER, 2025

Mental Health Nursing I & II

Time: 3 Hours

Max Marks: 75

Note: Answer all questions

Draw diagrams wherever necessary with Black Ball point pen /HB pencil /any dark
Color pencil.

Choose the correct answer for the following MCQs:

12 X 1 = 12

1. The mental health care Act, 2017 in India, emphasizes
 - a) Isolation of mentally ill persons
 - b) Rights based approach to mental health
 - c) Institutional care to all patients
 - d) Punishment of patients
2. All of the following are misconceptions about mental illness except
 - a) Mental illness is curable
 - b) Marriage can cure mental illness
 - c) Mental illness is caused by super natural power
 - d) Mentally ill patients are very dangerous
3. A person going through a divorce and feeling hopeless is in
 - a) Maturation crisis
 - b) Adventitious crisis
 - c) Situational crisis
 - d) No crisis
4. Clouding of consciousness is characteristic of
 - a) Schizophrenia
 - b) Dementia
 - c) Hysteria
 - d) Delirium
5. Craving and eating of unnatural items like paint and clay is termed as
 - a) Pica
 - b) Binge eating
 - c) Verbigeration
 - d) Polyphagia
6. Which personality disorder is most commonly diagnosed in the elderly
 - a) Anti-social personality disorder
 - b) Narcissistic
 - c) Paranoid
 - d) Borderline personality disorder
7. Mental illness is primarily treated by
 - a) Psychotherapy, medication and support
 - b) Herbal remedies only
 - c) Physical therapies
 - d) Isolation from society
8. Which tool is used to assess cognitive function of adults
 - a) Glasgow coma scale
 - b) Mini mental state examination
 - c) Beck depression inventory
 - d) GAD 7
9. Which of the following is non therapeutic communication
 - a) Judgemental attitude
 - b) Silence
 - c) Focusing
 - d) Informing

10. Which of the following is a technique used in Hypnosis
- a) Flooding
 - b) Questioning
 - c) Suggestion
 - d) Desensitization
11. The positive symptom of Schizophrenia is
- a) Apathy
 - b) Delusions
 - c) Ambivalence
 - d) Avolition
12. Social Phobia refers to an irrational fear of
- a) Specific object
 - b) Being in places away from home
 - c) Society
 - d) Performing activities in the presence of others

Write an essay on any TWO of the following:

2 X 15 = 30

13. Write in detail about the conceptual models and roles of a mental health nurse.
14. Describe different treatment modalities used in the management of mental disorders.
15. Define Depression, its causes, diagnosis, pathophysiology, management and complications associated with depression.

Write short note on any FIVE of the following:

5 X 5 = 25

16. Define Neurosis, list any four Neurotic disorders and preventive measures.
17. Describe disorders due to use of Alcohol and list out nursing interventions for acute intoxication of Alcohol.
18. Explain in detail about Paranoid personality disorder.
19. Differentiate between Emotional and Behavioral disorders.
20. Crisis intervention.
21. List mental health problems in adolescents and focus on counselling.

Write briefly on the following:

4 X 2 = 8

22. What is Occupational therapy?
23. Write two rights of a mentally ill person.
24. Define Delusion.
25. Play therapy.
