

**KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES
TELANGANA, WARANGAL – 506 002**

**POST BASIC B.Sc. (NURSING) FIRST YEAR DEGREE EXAMINATIONS: MAY, 2025
NUTRITION AND DIETETICS**

Time: 2 Hours

Max Marks: 35

Note: Answer all questions

Draw diagrams whenever necessary with Black Ball point pen /HB pencil /any dark
Color pencil.

Write an essay on any ONE of the following:

1 X 10 = 10

1. a) List out the principles of Cooking. (2+8)
b) Explain the different methods of Cooking and its effect on Nutrients.
2. a) List out different Nutritional Programmes in India. (2+8)
b) Explain briefly on Current Nutritional Programmes in India.

Write a short note on any THREE of the following:

3 X 5 = 15

3. Protein Energy Malnutrition.
4. Food Adulteration.
5. Classification of Food.
6. Nutritional problems in India.
7. Supplementary Feeding.

Write briefly on the following:

5 X 2 = 10

8. Define BMR.
9. Food Hygiene.
10. Scurvy.
11. Balanced Diet.
12. Food Additives.
