

KALOJI NARAYANA RAO UNIVERSITY OF HEALTH SCIENCES

WARANGAL, TELANGANA STATE – 506 002

B.Sc. (POST BASIC NURSING), FIRST YEAR SUPPLEMENTARY EXAMINATIONS - MAY 2026

NUTRITION AND DIETETICS

Time: 2 Hours

Max Marks: 35

Note: Answer all questions

Draw diagrams whenever necessary with Black Ball point pen /HB pencil /any dark

Color pencil.

Write an essay on any ONE of the following:

1 X 10 = 10

1. Define Nutrition education. Explain needs and methods nutrition education.

(3+7)

2. What is food preservation? Write principles and domestic methods of food preservation.

(3+7)

Write a short note on any THREE of the following:

3 X 5 = 15

3. Write different types of supplementary foods for infants.
4. Plan Menu plan for chronic kidney Failure.
5. Functions of fats.
6. Routine hospital diet.
7. Classification of foods.

Write briefly on the following:

5 X 2 = 10

8. Give any four examples of Dietary fibre.
9. Substitutes for non-vegetarian foods.
10. Define BMR.
11. Write any two advantages of breast feeding.
12. Food toxicity.
