

MENTAL HEALTH NURSING

Time: 3 Hours

Max Marks: 75

Note: Answer all questions

Draw diagrams whenever necessary with Black Ball point pen /HB pencil /any dark

Color pencil

Write an essay on any TWO of the following:

2 X 15 = 30

1. a) Define Mental Health. (2+6+7)
b) List down the mental health team and their functions.
c) Discuss roles and qualities of psychiatric nurse.
2. a) Define Mania. (2+6+7)
b) Briefly explain the clinical features of mania.
c) Write down the management and nursing care of patient with mania.
3. Define Mental Retardation and Discuss in detail the Aetiology, signs, Symptoms, types of Mental Retardation and the Management of child with Mental Retardation.

Write short note on any FIVE of the following:

5 X 5 = 25

4. Therapeutic Communication.
5. Post-traumatic stress disorder.
6. Mental health act.
7. Characteristics of mentally healthy person.
8. Cognitive behaviour therapy.
9. Mental status examination.
10. Nursing management of a client with violent behaviour.

Write briefly on the following:

10 X 2 = 20

11. Four A's of Bleuler's classification of schizophrenia.
12. Wernicke - Korsakoff syndrome.
13. Name any four Neurotransmitters.
14. Mention four signs and symptoms of Alcohol Withdrawal.
15. List four basic rights for psychiatric patients.
16. What is Anhedonia?
17. Define Circumstantiality.
18. Mention types of crises.
19. Write four Anti-depressants.
20. Define Personality.